Thank You for Your Generous Support

Without the generosity of our donors and funders, THAP would not be able to make a difference in the lives of these children and their families, restoring their health and giving them the strength to do what all children do - run, play, and smile. We are especially grateful to our Sustainers Circle members who support us with a monthly contribution:

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Karla Brown

Barbara L. Ciconte

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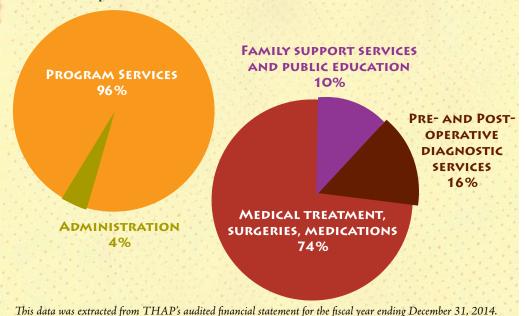
P.O. Box 401 Esther Kensington, Maryland 20895 Esther, born in 2006, (301) 318-8112 www.thapk.org THAP is an IRS 501(c)(3)

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Combined Federal Campaign #46899

How Your Contributions are Used

Support from donors, funders and partners enables THAP to provide life-saving surgery, support, resources and hope to the families with whom we work. See below for how contributions are used:





Take Heart Association Project, Inc. Annual Report

2014-2015

Some of the Stories of Life Saving Surgery Recipients

The Hearts for Kids Program of Take Heart Association Project (THAP) aims to provide funding and resources needed to support THAP's core mission of facilitating and coordinating medical support for underserved and marginalized families whose children suffer from heart problems, so as to restore health, hope and happiness.

Thanks to our generous donors, surgery sponsors, and nonprofit partners in 2014 and 2015, we were able to assist 10 children with surgeries, with another two children scheduled in late 2015. In addition, THAP continues to monitor the health status of children assisted in the past and provide critical medicines.

Meet Some THAP Children Helped:

lives in an interior village (Muranga) many miles from Nairobi. She had been diagnosed with Esther a heart problem at the age of two but due to her family's lack of resources no early intervention could be done. Esther was unable to attend school due to her heart problem which made her breathless after walking for a short distance. Esther was on the THAP waiting list for 2 years.

Due to the complexity of the surgery needed, The Gift of Life of New Jersey sponsored Esther for her successful heart surgery at Apollo Children's Hospital in Chennai, India in December 2014, thus marking a turning point in her life. She is doing well, has returned to school, and is attending regular doctor clinics at The Mater Hospital in Nairobi.

Milka

Born in 1998, the youngest of three children, she and her family live in a tiny temporary shack outside of Nairobi. Milka was diagnosed with congenital heart disease at the age of two months. THAP arranged for her to travel to the

U.S. in 2000 where she had successful heart surgery at North Shore University Hospital in New York.

Soon after her return to Kenya her mother passed away and Milka was left in the care of her Father who is blind and an elderly grandmother who

Milka

has since passed away. Since her father is unable to work, THAP took on the responsibility to make certain that Milka saw a cardiologist regularly these past years.

Milka had been doing well and was attending school. However, in early 2014, she started complaining of chest pain, difficulty in breathing and swelling of her feet. With THAP's help, she visited the cardiologist and had an ECHO test. After the ECHO the cardiologist in Kenya recommended that Milka have a second surgery. Her health was deteriorating but could be restored if a second surgery was done. Due to the seriousness of her condition which required a complicated surgery, Milka needed to go to India.

The Gift of Life of New Jersey sponsored Milka for her successful heart surgery at Apollo Children's Hospital in Chennai, India in April 2015. She is doing well and has returned to school.

Purity

Purity, born in 2004, hails from Ithanga - Thika County in Kenya. In 2011, THAP sponsored her open heart surgery at The Mater Hospital in Nairobi. For two years Purity enjoyed good health, was able to return to school and was being carefully monitored by THAP at The Mater Hospital. In early 2014, she started ailing and the observing doctor recommended a diagnostic catheterization which took place in May 2014. After the procedure, the doctors recommended an urgent

surgery. THAP was once again able to support Purity for a second open heart surgery in February 2015 at Tenwek Hospital thanks to our partner, Hearts of East Africa's medical



mission team. Purity is now doing fine and back in school. She is being followed up regularly at The Mater Hospital.

A Message from the Executive Director

As Executive Director of Take Heart Association Project (THAP), I am pleased to share with you our 2014-2015 Annual Report that highlights our continued progress to provide life-saving surgery, support, resources and hope to families of underprivileged children in Kenya and East Africa suffering from heart defects and heart disease. Since we began our mission in the mid-1990s, THAP has helped more than 180 children and young adults with heart surgeries and medical care.

Our Family Support Center, now open five years, continues to offer a safe and secure place for our children and their families to stay while undergoing medical care in Nairobi or before traveling out-of-country for heart surgery. So many of the families THAP assists travel to Nairobi from remote areas hundreds of miles away with few or no funds, and before we opened the Family Support Center had no place to stay. Fifty children and family members stay one or more nights at the Family Support Center each year.

Although we have much to celebrate, please know that for every child we help, there are at least three children awaiting their chance to be selected for surgery. Since many of our children have complicated medical conditions, they need to travel out-of-country. That is why THAP continues to build partnerships with nonprofit organizations, hospitals and doctors in India, Sudan, Egypt, the United Kingdom, and the U.S.

It is important to remember that THAP's support for the children we have helped continues long after surgery as we provide medications, monitor their conditions, arrange for travel to Nairobi to participate in clinics for follow-up evaluations, and continue to provide support to the families.

We are grateful to our donors, funders, and partners for continuing to invest in our mission. The chart below reports on how our children have benefited from their generous support.

-Peter Mhogo Kaman — Executive Director

Children and Young Adults Assisted By THAP

Service Provided	2014	2015*
Diagnostic Tests	18	26
Catheterizations	2	2
Surgeries	3	7**
Regular Post-Surgery Check-Ups	16	26
*as of November 3, 2015 ** 2 more planned for late	e 2015	





Hearts of East Africa Team Continue to Help THAP Patients

THAP-USA's board member, Dr. Anne James Boyd, continues to work with Dr. Michael Liske and Hearts of East Africa, located in Franklin. Tennessee whose medical mission team makes an annual trip to Tenwek Hospital in Bomet, Kenya. Dr. Michael Liske, team leader, and Dr. Boyd review potential candidates for open heart surgery among THAP's patients. In February 2015, the Hearts of East Africa team performed 19 open heart surgeries, which included five THAP children -Purity, Glory, Victoria, Anthony, and Abdillahi.



Glory, 13 years old, had just finished her class O level exams, scoring very well when she was diagnosed with a heart problem. At that time, Glory lost hope of ever joining a secondary school. Glory's family was referred to THAP in January 2015. Although

THAP had already finalized submitting medical reports for the Hearts of East Africa February mission, after learning of her situation THAP submitted her reports to Dr. Liske for further study. Now recovered, her dream to go to secondary school has come true.

Fifth Graders Raise Funds to Help Kenyan **Children with Heart Problems**

Heather Johnson, a fifth grade teacher at Sunset Ridge School in Northfield, Illinois, continued to conduct a service project with fifth grade students and staff to benefit THAP children while studying the heart in science. THAP's Executive Director, Peter Mbogo Kamau and THAP-USA Board member, Sandy Macnab, visited the school in June 2014 to meet and thank the teachers and staff for their generous support. Teachers, parents, friends, and the Sunset Ridge Student Council contributed \$1,834 in 2014 and 015, bringing the total funds raised over three years to \$3,150.

Foundations Provide Special Support for THAP's Mission



Peter Mbogo Kamau and Irene Mukuria visit THAP family.

Dorothy-Ann Foundation

THAP is pleased to report that the Dorothy-Ann Foundation, in Williamsburg, Virginia, awarded a \$6000 grant in December 2014 to fund and sustain our family education program which offers nutrition and post-operative care programs for the families of our heart patients at our Family Support Center. On November 17-18 2015, THAP took our Family Education Program outside of Nairobi, Kenya in order to monitor

our patients' progress and continue to educate parents on healthy diets, importance of penicillin injections, proper hygiene and medicine intakes.

The Charitable Foundation of the **Energy Bar Association**

In January 2015, THAP received a \$10,000 grant from the Charitable Foundation of the Energy Bar Association in Washington, DC, to equip the Family Support Center to better serve our children and their families. THAP purchased a generator to keep the Center operational during frequent power outages in Nairobi so that we no longer lose access to the

Internet, which is critical to our communications with physicians, hospitals, and organizational partners who help us provide the

refrigerator provides additional space for our children's medications and healthy foods to use in our Family Education Program where we teach our families how to prepare a heart healthy diet for their children who have just had open heart surgery. And, the new washer/ dryer allows us to maintain the highest level of cleanliness for the Center where our children's families stay while in Nairobi for diagnostic tests, meetings with doctors, and post-operative care. The balance of the grant will provide the necessary funding over the next two years to cover expenses related to increased utility and maintenance costs.

medical care our children need. A new



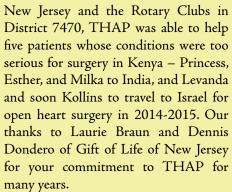




Nonprofit Organization Partners Help us Help More Children

Gift of Life of New Jersey

Through generous grants from our longfunder, Gift of Life of Saving Children ...
One Little Heart at a Time time partner and



Save a Child's Heart Kenya



THAP has formed a new partnership in 2015 with Rina Save A Attias, Child's Heart (SACH) Kenya in

order to assist more children in Kenya who suffer from heart problems. SACH is an Israeli-based international humanitarian organization and a world leader in providing life-saving cardiac surgery for children from developing countries regardless of race, nationality or III

Lavenda, 15 years old, was recently diagnosed with a heart problem Levanda awaiting when a team of surgery. doctors visited

financial status.

Kisumu, where she lives, in March 2015. Lavenda's mom noticed that her daughter started panting after walking for very short distances. They were referred to THAP by one of the doctors, a cardiologist, who knew of Peter Mbogo Kamau.

When Lavenda came to the THAP office in April 2015, all she had was a scribbled medical report that she had been given after her initial screening. THAP then sponsored the diagnostic tests Lavenda needed which showed that she had a damaged heart valve that needed replacing. In June, Save A Child's Heart (SACH) in Israel accepted Lavenda for surgery at Wolfson Medical Center in Israel.

Lavenda and a member of the THAP staff traveled to Israel in October and she had successful open heart surgery in early November. **Heart** Gift

HeartGift with

chapters in major cities in Texas has assisted several THAP children in past years. Another THAP child, Ryan, has been selected and is scheduled to travel to San Antonio for surgery in late 2015.

